

Advent Calendar

Small steps in faith make a holy season.



First Sunday

Arrange a 'sacred space' in your home: Place an Advent wreath there and light the first candle.

Pray that a 'hard' part of your heart might be softened.

Resist commercial pressures. How will you share your material resources during Advent?

Listen a little more carefully to people today. Listen with your heart.

Buy or make some Christmas cards with a truly Christian message.

Substitute a favourite TV show with a life-giving activity.

Read something to inspire you as a Catholic.

Second Sunday

Light the first two candles on your Advent wreath. Pray for peace.

Prayerfully read the story of Mary's calling in Luke 1:26-38.

Plan ahead for the coming weekend. How will it bring you closer to your family?

Make a generous donation to a special work/charity that doesn't get much publicity.

Affirm somebody for a quality which tends to be taken for granted.

Forgive somebody who has offended you.

Play or sing your favourite hymn.

Third Sunday

Light three candles on your Advent wreath. Pray for somebody who is struggling.

Prepare to receive the sacrament of reconciliation this week in your parish.

Send a special card to somebody who is in pain.

Perform a routine task more joyfully than usual.

Review your Advent season this far. What steps in faith and love have you taken?

Offer a difficult task to God. Pray as you go.

Pray a decade of the rosary. The second joyful mystery.

Fourth Sunday

Light all the Advent candles. Invite the Holy Spirit into your heart.

Give thanks for the gift of faith.

Bring Christ into your conversation at work today.

Praise someone for a quality which is usually taken for granted.

Pause to consider one gift/blessing you have received today.

Take a deep breath... Hand over to God all your Christmas plans.

Pray a decade of the rosary. The third joyful mystery.

Christmas Day

Glory to God in the highest!
Reap the fruits of your Advent journey.

