



Way of the Light

Parishioners are familiar with the *Way of the Cross* celebrated during Holy Week.

Now they can also walk the *Way of the Light* in the Easter season.

This new practice which is spreading to parishes can be prayed personally or in community.

Just as a cross is carried during the *Way of the Cross*, a paschal candle or icon of the Resurrection is carried in the *Way of the Light*.

The *Way of the Cross* occurs on a Friday, while Sunday is the day for the *Way of the Light*.

At each of the fourteen *Stations of the Light*, a scripture reading is read, followed by silence, meditation and a brief Easter hymn.

1. **Jesus rises from the dead**
Mt 28:1-7
2. **The disciples find the empty tomb**
Jn 20:1-9
3. **Jesus appears to Mary Magdalen**
Jn 20:11-18
4. **Jesus walks with the disciples to Emmaus**
Lk 24:13-19,25-27
5. **Jesus reveals himself in the breaking of the bread**
Lk 24:28-35
6. **Jesus appears to the disciples** *Lk 24:36-43*
7. **Jesus confers on his disciples the power to forgive sins**
Jn 20:19-23
8. **Jesus confirms Thomas in faith**
Jn 20:24-29
9. **Jesus appears to his disciples on the shore of Lake Galilee**
Jn 21:1-9,13



On this page you will find one suggestion for the *Way of the Light* stations (there are many others).

Further information, guidelines and texts for station meditations can be found on the Internet.

For example, try:
www.vialucis.net

10. **Jesus confers primacy on Peter**
Jn 21:15-17
11. **Jesus entrusts his disciples with a universal mission** *Mt 28:16-20*
12. **Jesus ascends into heaven**
Acts 1:6-11
13. **Mary and the disciples await the Holy Spirit**
Acts 1:12-14
14. **Jesus sends the Spirit**
Acts 2:1-6

